

Time for Health

Order Form

Email forms to
timeforhealth19@gmail.com
Ph 403-862-5600

All orders must be submitted by noon each week. Order
via form, via phone OR PLACE ORDER ONLINE
www.timeforhealth.ca
DISCOUNT CODE 5% OFF OPEN4BIZ



| | |
|--|--|
| Customer Name | |
| Customer Address (street, city, postal code) For Delivery | |
| Customer Phone# | |
| Customer Email | |

| Product Code | Description (Meal Name & Size) | Quantity | Price | Total |
|--|---|----------------------------|-------|-------|
| | | 1 | | \$ - |
| | | | | \$ - |
| | | | | \$ - |
| | | | | \$ - |
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| | | | | \$ - |
| | | | | \$ - |
| | | | | \$ - |
| T4H-GRAVYSIDE | Side of Gravy (no charge- require numbers) | | \$ - | \$ - |
| | Total | | | \$ - |
| | GST 5% | 5% | 0% | |
| | LESS DISCOUNT | 5% | | |
| | Total with taxes | | | \$ - |
| | <i>Credit card or email transfer accepted (email timeforhealth19@gmail.com) or you can call 403-862-5600 with credit card details</i> | | | |
| | | | | |
| | Credit Card Details | | | |
| Name on Card | | Card Type | | |
| Credit Card Number | | Card Expiry (mm/yy) | | |
| Credit Card CVV (security Code) | | | | |

Seniors see the downloadable menu options for starch changes and added gravy options.

Order off the set weekly menu (5 meals or 8 meals) or as individual meals (a la carte) if you want to choose only certain items. Comment on any starch changes. ALSO NOTE SIZE - SMALL, LARGE OR LOW CARB OPTION