

Time for Health



Order Form

Orders Must be submitted by

Friday Noon each week

Email forms to

timeforhealth19@gmail.com

Ph 403-862-5600

OR PLACE ORDER ONLINE www.timeforhealth.ca

MONTH OF MARCH DISCOUNT CODE 5% OFF OPEN4BIZ

Customer Name	
Customer Address (street, city, postal code) For Delivery	
Customer Phone#	
Customer Email	

Product Code	Description (Meal Name & Size)	Quantity	Price	Total
		1		\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
	Total			\$ -
	GST 5%	5%	0%	
	LESS DISCOUNT	5%		
	Total with taxes			\$ -
	All Orders must be PAID for by Friday noon or they will be NOT be delivered			
	Credit card or email transfer accepted (email timeforhealth19@gmail.com) or you can call 403-862-5600 with credit card details			
	Credit Card Details			
Name on Card		Card Type		
Credit Card Number		Card Expiry (mm/yy)		
Credit Card CVV (security Code)				

Seniors see the downloadable menu options for starch changes.

Order off the set weekly menu (5 meals or 8 meals) or as individual meals (a la carte) if you want to choose only certain items. Comment on any starch changes. ALSO NOTE SIZE - SMALL, LARGE OR LOW CARB OPTION